

CNE TEST

Managing the Care of the Obese Ophthalmic Patient

This activity is provided by ASORN, which is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

ASORN is a provider approved by the California Board of Registered Nursing, provider number 11901.

This activity has not been submitted for JCAHPO CECs.

For this activity, read the article, submit the completed post-test and general evaluation form **by December 31, 2010**, and achieve a passing rate of 80% or higher on the post-test. Non-members, send your post-test with payment of \$20 (free for members/affiliates through December 31, 2010). This post-test expires on December 31, 2010.

ASORN • Dept 34095 • PO Box 39000 • San Francisco, CA 94139
Fax: 415.561.8531

Objectives

After completing this independent study activity, the participant should be able to:

- Define obesity.
- Name three common diseases/conditions that may be secondary in the obese patient.
- Describe three specific limitations and needs of the obese patient undergoing ophthalmic surgery and/or examination.

Please allow a *minimum* of three weeks from date of receipt of post-test to receive your attendance verification certificate. Requests for certificate less than three weeks from date of receipt should be accompanied by an additional \$10 fee.

Registration Information and Evaluation Response Form

Name _____ Email _____

Address _____

City _____ State _____ Zip _____

Work Phone _____ Home Phone _____ Fax _____

RN# _____ State of Licensure _____ Exp. Date _____

I request: .75 Nursing contact hour

Payment: Check Visa Mastercard CC# _____ Exp _____

Test response: Circle the most appropriate response matching test question number and response number.

- | | | | | |
|------------|------------|------------|------------|-------------|
| 1. A B C D | 3. A B C D | 5. A B C D | 7. A B C D | 9. A B C D |
| 2. A B C D | 4. A B C D | 6. A B C D | 8. A B C D | 10. A B C D |

General Evaluation: Please use the scale below to evaluate this educational activity and objectives. Circle your response. As a result of completing this offering, I am able to:

	Very well	Moderately well	Fairly well	Not at all
1. Define obesity.	4	3	2	1
2. Name three common diseases/conditions that may be secondary in the obese patient.	4	3	2	1
3. Describe three specific limitations and needs of the obese patient undergoing ophthalmic surgery and/or examination.	4	3	2	1
4. The content matches the objectives.	4	3	2	1
5. Independent study was an effective teaching method.	4	3	2	1
6. This course helped me achieve personal objectives.	4	3	2	1
7. The time required to complete this offering (in minutes) and take the test was:	60	75	90	>90

CNE POST-TEST

Managing the Care of the Obese Ophthalmic Patient

1. Pressure points requiring additional monitoring in the obese patient undergoing ophthalmic surgical procedures include
 - A. Heels
 - B. Elbows
 - C. Back
 - D. All of the above
2. Common body parts that protrude beyond the width of the stretcher include all but the
 - A. Shoulders
 - B. Arms
 - C. Hips
 - D. Feet
3. The science of providing healthcare to the obese patient population is called
 - A. Bariatrics
 - B. Obesity Management
 - C. Ideal body weight management
 - D. Body mass index
4. Obese ophthalmic patients seem to have the most challenges during
 - A. Diagnostic testing
 - B. Surgical procedures
 - C. Indirect ophthalmoscopy
 - D. Perimetry
5. Elevating the head of the surgical table improves
 - A. Moving side to side
 - B. Breathing
 - C. Head/neck alignment
 - D. Sitting up
6. This state has the highest incidence of obese adults
 - A. Colorado
 - B. Alabama
 - C. Mississippi
 - D. Arkansas
7. Obesity is defined as being what percent heavier than ideal body weight?
 - A. 5-10
 - B. 10-15
 - C. 15-20
 - D. 20-30
8. What level on the body mass index scale constitutes a diagnosis of obesity?
 - A. 10-20
 - B. 20-25
 - C. 25-30
 - D. >30
9. Since 1975 obesity in children 6-11 years of age has increased by 65%. What percent will likely become obese adults?
 - A. 20%
 - B. 40%
 - C. 50%
 - D. 30%
10. Which body system is listed as a major problem for most obese patients?
 - A. Respiratory
 - B. Renal
 - C. Vascular
 - D. Musculoskeletal