## Individual learning and self-reflection

In the setting of current events, our ophthalmology curriculum has shifted from an in-person clinical curriculum to online, necessitating increased student responsibility for their learning and time management.

In this assignment, please reflect on your approach to self-directed, individual learning.

- How have you approached this in your pre-clinical years, how did this change in your clerkships?
- What is your approach and plan for virtual learning currently, and how do you anticipate using these skills as a resident and attending in your future career?
- Do you have a system that is working for you, or are there habits you would like to change?

Please target about two paragraphs of reflection, no more than approximately 500 words.

We will discuss your thoughts at our feedback session mid-rotation.